



सावित्रीबाई फुले पुणे विद्यापीठ
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SSR



Swargheeya Sanjibhai Rupjibhai Memorial Trust's

SSR College of Education

Saily, Silvassa U.T. of Dadra and Nagar Haveli -396230

(Affiliated to Savitribai Phule Pune University, Pune and Recognised by NCTE)

NAAC Accreditation with Grade B⁺

PUN CODE: CEDD018960 NCTE CODE: 323407 AISHE CODE: C-41511

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Orientation Report on Knowing Oneself

Date: 16/07/2025

Time: 12.00PM – 01.00PM

Venue: SSR College of Education, Room No:05

No of Participants - 40



Motto: Know thyself and seek Self-improvement.

Objectives:

- 1.Enhance self-awareness and understanding of personal strengths and weaknesses.
- 2.Foster personal growth and development.

Resource Person: Mrs. Laxmi Sharma, PGT, Advaita Gurukul.

Details of the Program:

Under the Course 209 – Understanding of Self, Orientation Session was organised for the S. Y. B.Ed. 2025-26 students on the topic Knowing Oneself. Firstly, official welcome and the purpose of the session was dealt by the anchor Anjaly followed by Introduction of the resource person was given by Dr. Vinu Agrawal. After this felicitation was done by Dr. Sarika Patel, Principal of the college. She further gave brief introduction on the topic Knowing Oneself. The Resource Person Mrs. Laxmi Sharma oriented on the Topic Knowing Oneself, its deeper understanding, its process, fostering, reflective exercises and discussions. Extensive discussion was done and multiple tasks were given to the students. The session was very informative.

Conclusion:

Orientation on Knowing Oneself was a resounding success, achieving its goal of imparting SWOT analysis to students. It was evident that students left with deeper understanding of the topics covered and apply the in their daily lives.

Course Coordinator
Dr. Vinu Agarwal

I/C PRINCIPAL
S.S.R. COLLEGE OF EDUCATION
SAYLI SILVASSA (D&NH)
I/C Principal (IQAC)
Dr. Sarika Patel



Director
Dr. Meena Kute



Swargheeya Sanjibhai Rupjibhai Memorial Trust's
S.S.R. College of Education

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Accredited by NAAC with B+ Grade (CGPA-2.72)

Course 209 : Understanding of self Orientation session on Knowing Oneself

Resource Person : Mrs.Laxmi Sharma

Date : 16/7/25.

Day : Wednesday



Course coordinator
Dr. Vinu Agrawal

Student coordinator
Anjaly Sebastian