



Swargheeya Sanjibhai Rupjibhai Memorial Trust's

SSR College of Education

Saily, Silvassa U.T. of Dadra and Nagar Haveli -396230

(Affiliated to Savitribai Phule Pune University, Pune and Recognised by NCTE)

NAAC Accreditation with Grade B⁺

PUN CODE: CEDD018960 NCTE CODE: 323407 AISHE CODE: C-41511

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Orientation Report on Self Concept and Self Esteem

Date: 15/07/2025

Time: 12.00AM – 1.00PM

Venue: SSR College of Education, Room No:05

No: of Participants: 40

Motto: "Discover Yourself, Define Your Path."

Objectives:

1. To foster Self Awareness and Self-Acceptance.
2. To encourage Self Reflection and Introspection.

Resource Person: Mr. Pragnesh Lade.

Details of the Program:

Under the Course 209 – Understanding of Self, Orientation Session was organized for the S.Y. B. Ed. 2025-26 students on the topic Self Concept and Self Esteem. Firstly, official welcome and the purpose of the session was dealt by the anchor Prutha followed by Introduction of the resource person was given by Dr. Vinu Agrawal. After this felicitation was done by Dr. Meena Kute, Director of the college and Dr. Sarika Patel, In charge. The Resource Person Mr. Pragnesh Lade oriented on the Topic Self Concept and Self Esteem, its deeper understanding, its process, fostering, reflective exercises and discussions. Extensive discussion was done. The session was very informative.

Conclusion:

Orientation on Self Concept was a resounding success in shaping an individual's behavior, relationships and overall wellbeing. The session helped students to foster Self Awareness and Self-Acceptance and also encouraged for Self-Reflection and Introspection.

It was evident that students left with deeper understanding of the topics covered and apply the in their daily lives.



Course Coordinator
Dr. Vinu Agarwal

I/C PRINCIPAL
S.S.R. COLLEGE OF EDUCATION
SAYLI, SILVASSA (D&NH)
I/C Principal (IQAC)
Dr. Sarika Patel

Director
Dr. Meena Kute





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S.S.R. College of Education

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 Accredited by NAAC with B+ Grade (CGPA-2.72)

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Course 209 : Understanding of Self

Orientation Session on Self Concept and Self Esteem
Resource Person : Mr. Pragnesh Lade

Date - 15 July 2025

Day - Tuesday



Course Coordinator :
Dr. Vinu Agrawal

Student Coordinator :
Prutha Parmar