



**SSR MEMORIAL TRUST'S  
SSR COLLEGE OF EDUCATION**

**Sayli, Silvassa, UT of Dadra and Nagar Haveli – 396 230**

**Report on First Aid Demonstration Activity  
Academic Year 2025-26**

**Course:** 107-B Health and Wellness  
**Venue:** Primary Health Center, Sayli

**Date:** 03/12/2025  
**Time:** 10:30 a.m.

### 1. Introduction

SSR College of Education, Silvassa organized a **First Aid Demonstration** for the First Year B.Ed. students as part of the curriculum requirement under **Course 107-B Health and Wellness**. The objective of this activity was to equip student-teachers with essential first aid knowledge and practical skills that are useful in emergencies at school, home, or community settings.

### 2. Objectives of the Activity

- To develop awareness about the importance of first aid in daily life.
- To provide hands-on training on handling common medical emergencies.
- To familiarize student-teachers with basic life-saving techniques.
- To encourage preparedness and confidence during unforeseen situations.

### 3. Venue and Resource Persons

The demonstration was conducted at the **Primary Health Centre (PHC), Sayli**. Qualified medical staff, including **Dr. Patel khushi, Dr. Akankshi, Dr. Priti bhusare** facilitated the session and conducted the demonstrations.

### 4. Description of the Programme

#### Topics Demonstrated

- **CPR (Cardiopulmonary Resuscitation)**
- **First aid for burns, cuts, wounds, and fractures**
- **Handling nosebleeds and fainting episodes**
- **Bandaging techniques and use of first aid kit**
- **Emergency response steps (DRABC method)**
- **Precautions to avoid infections during first aid**

Students actively participated, practiced the techniques under supervision, and raised relevant questions, making the session interactive and enriching.

### 5. Outcomes of the Activity

- Students gained **practical first aid skills**.
- Improved understanding of how to respond to **school emergencies**.
- Enhanced confidence in administering **basic life support**.
- Awareness about the importance of **safety and health** in educational settings.



*[Signature]*  
**Subject Teacher**

**Principal** *[Signature]*  
I/C PRINCIPAL  
S.S.R. COLLEGE OF EDUCATION  
SAYLI, SILVASSA.(D&NH)