



SSR College of Education



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Nasha Mukti Abhiyan: August 2026

Cultural Coordinator: Mrs. Snehal Mahajan

SSR College of Education organized a Nasha Mukti Abhiyan to create awareness among students about the harmful effects of addiction and the importance of living a healthy and disciplined life. The programme aimed to educate students about the physical, psychological, social and financial consequences of substance abuse.

The programme was graced by B.K. Jignaben as the guest speaker. She addressed the students and explained the adverse effects of various forms of addiction, including tobacco, alcohol, drugs and other harmful substances. She emphasized that addiction not only affects an individual's health but also causes difficulties in family life, education, career and society.

B.K. Jignaben encouraged students to develop self-control, positive thinking, healthy habits and strong determination to stay away from addictive substances. Her informative and motivating interaction helped students understand their responsibility in creating an addiction-free society.

The Nasha Mukti Abhiyan was informative, meaningful and socially relevant. It successfully motivated the students to become responsible citizens and contribute towards building a healthy, drug-free and addiction-free society. The programme concluded with a message to the students to say "No to Addiction and Yes to a Healthy Life." The initiative was highly beneficial in developing awareness and social responsibility among the students of SSR College of Education.



Mrs. Snehal Mahajan
Cultural Coordinator


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